



NORTH CAROLINA COASTAL LAND TRUST

# COASTLINES

## *Conservation Crossroads Across the Coastal Plain*

### Oh, the Places You Can Go!

*(with apologies to Dr. Seuss)*

Studies show that spending time in the out of doors can actually make you healthier. According to an article in the Huffington Post, spending time in nature has been shown to lower stress levels. Seattle-based environmental psychologist Judith Heerwagon is quoted as saying: "Just looking at a garden or trees or going for a walk, even if it's in your own neighborhood, reduces stress. I don't think anyone understands why, but there's something about being in a natural setting that shows clear evidence of stress reduction, including physiological evidence — like lower heart rate."

Over the years, the Coastal Land Trust has played a major role in the creation of numerous nature preserves and parks up and down the coast. This summer, get outside and check out some of the places that we've helped protect.

#### ***Ev-Henwood Nature Preserve Brunswick County***

Ev-Henwood, a 174 acre preserve in Brunswick County, is free and open to the public, from dawn to dusk, seven days a week. A portable toilet and picnic tables are available on site and may be used at your convenience; fires are not permitted anywhere in the Preserve. Brochures with maps are available on site and you are welcome to take them with you upon departure.

In 2005, at the request of the late Mr. Troy Henry (former owner), 64 acres of the property



Latham-Whitehurst Nature Park

was placed under a conservation agreement with the Coastal Land Trust, in partnership with UNCW. The nature park's name was derived from a combination of the names "Evans" and "Henry" which are Mr. Henry's maternal and paternal family names. Its pronunciation sounds like "heaven-wood."

Archaeological studies have suggested that prior to European settlement, Ev-Henwood was used by southeastern North Carolina Indians, probably of a Sioux-speaking tribe.

The Preserve is owned and managed by UNC Wilmington (UNCW). Read more about the land and its interesting history, as well as guidelines for use, at: <http://uncw.edu/physicalplant/arboretum/ev-henwood>.

#### ***Abbey Nature Preserve & Poplar Grove Plantation Pender County***

The Abbey Nature Preserve is full of beautiful trees, plants, flowers and wildlife, and as a courtesy of the owners, the Foy family, it is open and free to the public during daylight hours.

The Coastal Land Trust and members of the Foy family have worked together toward the common goal of permanently protecting this property. The Coastal Land Trust secured funding while the Foy family designed and implemented a 2+ mile trail system through

*Conservation Crossroads, continued on page 4*

#### **Mill Creek Prescribed Burn**



We had a successful prescribed burn at our Mill Creek Preserve in February. Fire is a tool used in this longleaf pine habitat to increase the forest health and promote longleaf growth and succession.

#### **LOBBY DAY, Raleigh, April 4, 2017**



Coastal Land Trust Executive Director Camilla Herlevich met with Representative Ted Davis to lobby for his support for the state's conservation trust funds and tax incentives for land conservation.





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COASTAL LAND TRUST  
WELCOMES NEW STAFF

Anna Wachtel

Development Assistant

Anna grew up in California, nestled between redwood forests and the Pacific Ocean, where she developed a great appreciation for nature. She earned her B.A. at Alfred University in Upstate New York in 2011 and moved to North Carolina shortly after graduating. She has a passion for history, museum and curatorial studies, and conservation/preservation. She is excited to be a member of the Coastal Land Trust team where she is eager to help protect the coastal region's habitats and natural areas.



Sadie Mills

Intern

Sadie Mills is a graduate student in Environmental Studies at the University of North Carolina Wilmington. While interning at the North Carolina Coastal Land Trust, Sadie has gained valuable experience in stewardship practices and has improved her knowledge of coastal North Carolina habitats. She has especially enjoyed learning more about the Venus flytrap and other carnivorous plants of North Carolina. After graduation this May, Sadie hopes to continue working in conservation and environmental education.



Total Acres Protected:  
68,414.36

25 for the 25th

WE'RE SEEKING 25  
NEW SUSTAINERS FOR OUR  
25TH ANNIVERSARY.

A sustainer is a contributor who gives monthly. It's easy, it's automatic.

CONTACT

Vann Pearsall  
at (910)  
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ext. 210.



NEW GIVING SOCIETIES

The Development Committee, with the approval from the Board of Directors, has established new Coastal Land Trust Giving Societies:

\$1,000 - \$4,999.99 – Tidewater Society

\$5,000.00 - \$9,999.99 – Cedar Society

\$10,000 - \$49,999.99 – Flytrap Society

\$50,000 - \$99,999.99 – Live Oak Society

\$100,000+ – Longleaf Pine Leadership Circle

Get Rolling: Preserve Land with Your License Plate



They keep on rollin'! More than 1000 Coastal Land Trust license plates have hit the road.

For each plate on the road, the Coastal Land Trust receives \$20 to fund coastal conservation – the other \$10 supports tourism and highway beautification throughout the state.

Visit [www.CoastalLandTrust.org/licenseplate](http://www.CoastalLandTrust.org/licenseplate) for more information on how you can get yours today!



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LAND TRUST LEADERS

SCOUTING AWARD



Hank Dieker, Croatan Trails District, East Carolina Council of the Boy Scouts of America presents Jessica Blake and the Coastal Land Trust with the 2016 Partner in Scouting Award.

The Coastal Land Trust received the award for protecting Camp Sam Hatcher and for creating a license agreement that allows the council to use the property. In addition, the Coastal Land Trust continues to work with Eagle Scouts on projects and partners with them to expand trail systems on our property and theirs.

LAND TRUST ALLIANCE’S ADVOCACY DAYS  
May 1-3, 2017, Washington, D. C.



From left to right are Edgar Miller of CTNC (Conservation Trust for North Carolina), Coastal Land Trust Deputy Director Janice Allen, Rep. David Rouzer (whose District 7 includes all or portions of 12 counties including New Hanover, Pender and Brunswick Counties), and Kevin Redding of Piedmont Land Conservancy.

Legacy Giving  
Leave us in your will.

Planned Giving: Securing the Coastal Land Trust’s Future

When you hear the term “planned gift,” what do you think of? Some people think that these are gifts that are made regularly, perhaps monthly, quarterly or yearly, usually by credit card or bank draft.

In actual fact, a planned gift, often called a legacy gift, is a gift that an individual makes now to provide for the future of an organization because he or she is passionate about the organization’s work and mission. This gift is most often designed to benefit an organization at the end of the donor’s life, but not always.

When the Coastal Land Trust saves a property, we promise that it will be protected forever. By including the Coastal Land Trust in your estate planning, you provide the means for us to remain strong, successful, and always here to preserve the lands that you love at the coast.

Talk with your financial advisor about how you can leave a legacy of conservation!

[www.CoastalLandTrust.org/legacy-gifts](http://www.CoastalLandTrust.org/legacy-gifts)



NATURE TRIVIA



The southern magnolia (*Magnolia grandiflora*) is often referred to as the “scent of the South.” Its large showy flowers are highly fragrant and are pollinated by this group of animals:

- a) Butterflies
- b) Beetles
- c) Bees

Answer on page 5

Save the Date: Coastal Land Trust Events



September 23, 2017  
Annual Celebration  
Lawn Party at  
Historic Poplar Grove Plantation,  
US- 17, Wilmington



TBA: Fall 2017  
Mid-coast  
25th Anniversary  
Celebration, New Bern

April 28, 2018  
8th Annual Flytrap Frolic,  
Stanley Rehder  
Carnivorous Plant Garden,  
Wilmington



protected woods, across a historic dam and pond.



The Foy family graciously manages the property as a nature park. The Abbey Nature Preserve is located behind Poplar Grove; however it is not affiliated with Poplar Grove. The entrance and parking for the Abbey Nature Trail is on the north side of the Manor House at Poplar Grove. Read more about the Abbey Nature Preserve and Poplar Grove Plantation online at: [www.poplargrove.org](http://www.poplargrove.org).

***Brunswick Nature Park  
Winnabow***

The park, located on River Road (NC Hwy 133) in Winnabow, is about 10 miles southeast of Leland. There are 911 acres (roughly the size of Central Park) of wonderful undeveloped wilderness that provide a dynamic mix of vegetation, wildlife, ecosystems, vistas, wetlands, and waterways. It is truly an environmental oasis worthy of exploration. The Nature Park hosts hiking trails with stunning views of Town Creek, biking trails, equestrian trails, and a kayak/canoe access to Town Creek. It is open from 8 a.m. to dusk. The Coastal Land Trust purchased this large tract of land and gave it to Brunswick County to become a public nature park. The Coastal Land Trust continues to work with Brunswick County and other volunteer groups to develop the park for multiple passive recreation uses. Additional information and a map to the park can be found online at [www.visitlelandnc.com/activities/outdoor/brunswick-nature-park](http://www.visitlelandnc.com/activities/outdoor/brunswick-nature-park).

***Stanley Rehder Carnivorous Plant Garden  
at Piney Ridge Nature Preserve  
Wilmington***

The only public carnivorous plant garden in the world, the Stanley Rehder Carnivorous Plant Garden is a truly unique place to visit. In the spring, a wonderful surprise is in store – the wetlands burst with carnivorous plants, from pitcher plants, to sundews, to our region’s native Venus flytrap.



The garden aims to connect the public to the very special plants that only grow naturally within a 70 mile radius of Wilmington. A must see space! The Rehder Carnivorous Plant Garden is a City of Wilmington Park, open to the public year round. It is protected by a conservation easement held by the Coastal Land Trust. Additional information can be found online at [www.wilmingtonnc.gov/departments/parks-recreation/piney-ridge-nature-preserve](http://www.wilmingtonnc.gov/departments/parks-recreation/piney-ridge-nature-preserve).



***Springer's Point Preserve  
Ocracoke Island***

The Coastal Land Trust’s Springer’s Point Preserve on Ocracoke Island is the perfect spot to spend the morning bird watching or the afternoon hiking and sitting on the beach overlooking the Pamlico Sound. This tranquil Preserve encompasses more than 120 acres of maritime forest, tidal red cedar forest, salt marsh, wet grasslands, and sound front beach. Visitors will pass ancient, gnarled live oaks as they make their way along winding trails to the sandy beach overlooking the infamous Teach’s Hole. Designated as one of the state’s significant natural heritage areas because of its unique

maritime forest and importance to colonial water birds, the Preserve enjoys a cultural history as vibrant as the array of plant and bird species it supports. This site, historically referred to as “Teach’s Plantation,” is the reputed favorite haunt of the legendary pirate, Blackbeard, who marauded, eluded capture, and finally met his fate at Teach’s Hole, off Springer’s Point. An island within an island, Springer’s Point is a peaceful oasis of natural beauty in the heart of bustling Ocracoke Village. Springer’s Point Preserve is open to the public.

For more information about the Coastal Land Trust’s commitment to preserving one of the last remaining undeveloped areas on Ocracoke Island go to <https://coastallandtrust.org/springers-point>.

***Oakhurst Nature Park  
Jacksonville***

The Oakhurst Nature Park hosts two short nature trails and a canoe/kayak launch area. The Coastal Land Trust partnered with Onslow County to protect this land along the New River and the Blue Creek tributary in Jacksonville. It is open to the public. Directions and additional information can be found online at: <http://www.onlyinonslow.com/things-to-do/outdoor-activities/parks-recreation/oakhurst-nature-park>.

***Latham-Whitehurst Nature Park  
Craven County***

The Latham-Whitehurst Nature Park is Craven County’s first nature park, which is geared towards the natural environment as it offers hiking, nature observation, bird watching and access to Broad Creek by way of a boardwalk. It offers an extensive gravel walking trail, a 2,000-foot boardwalk, a picnic shelter, canoe, kayak and boat docking, restrooms, natural walking trails. The Nature Park is located at 1095 Broad Creek Road, New Bern, NC 28560 near Fairfield Harbour, approximately one mile north from Lee’s Landing. The Coastal Land Trust purchased the



property and transferred it to Craven County to permanently manage as a Nature Park.



Additional information can be found online at <https://cravencounty.recdesk.com> (select link to public parks and facilities).

**Masonboro Island Coastal Reserve  
New Hanover County**

Masonboro Island is the largest undeveloped barrier island in southern North Carolina and is only accessible by boat. Birds, fish, invertebrates, and sea turtles use Masonboro Island for habitat and foraging. At the Masonboro Island Reserve, you will see pristine examples of barrier island, salt marsh, and tidal creek ecosystems.

This property is part of the North Carolina Coastal Reserve, and the Coastal Land Trust participates on the Local Advisory Committee to provide input regarding management of this undeveloped barrier island. The Society

of Masonboro Island merged with the Coastal Land Trust to continue the mission of protecting private holding on the island.

Additional information can be found online at <https://www.wilmingtonandbeaches.com/listing/masonboro-island-reserve>.

**Bird Island Reserve  
Sunset Beach**

Bird Island has 1.2 miles of beach and 1,200 acres of dunes, coastal wetlands, and marsh. Mad Inlet, which has historically separated the island from Sunset Beach, filled in, making access easier than ever for beachgoers.

Bird Island hosts endangered piping plovers, threatened sea turtle nests, and a rare species of beach grass.

For the last 30 years, a small black mailbox



Photo by Jim Brier  
Bird Island Reserve

printed with the words “Kindred Spirit” has graced the shores of Bird Island.

Sitting just off the coast of North Carolina, Bird Island was a prime target for resort development, but handwritten messages posted in the mailbox saved the island and it is now a nature preserve operated by the state. Along with the powerful messages that stopped the tide of commercialization on the island, many of the personal thoughts and hopes left in the mailbox are now published on the Kindred Spirit’s website.

More information at: [www.atlasobscura.com/places/kindred-spirit-mailbox](http://www.atlasobscura.com/places/kindred-spirit-mailbox).

**Airlie Gardens  
New Hanover County**

The Airlie Gardens were created in the early 1900s as a private garden for the Pembroke Jones family, and planted with thousands of azaleas, camellias, magnolias, and wisteria. Prior to purchase by New Hanover County in 1999, the gardens were not open to the public. The Coastal Land Trust worked with New Hanover County to permanently protect the Airlie Gardens’ banks along Bradley Creek.

Airlie Gardens is now open to the public year round. More information about entrance fees, annual events, and other special dates can be found online at [www.airliegarden.org](http://www.airliegarden.org).

SCRAPBOOK

FIELD DAY AT FIVE EAGLE PARTNERS FARM, Rocky Point  
March 4, 2017



NATURE TRIVIA

Answer: b) beetles. Magnolia flowers do not produce nectar but they do produce large quantities of pollen that is eaten by beetles.

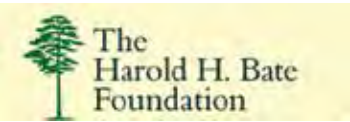


► *Foundation and Corporate Sponsors*

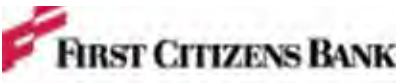
\$25,000 - \$100,000



\$10,000 - \$24,999



\$2,500 - \$9,999



\$1000 - \$2,499



\$500 - \$999

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# SCRAPBOOK

## HOLT C-STORE GOLF TOURNAMENT to benefit the Coastal Land Trust, Landfall Country Club, Wilmington, May 8, 2017



**WATCH ME PLAY!** Coca-Cola Team members are from left to right Joseph Riggs, Monster Energy; DeWayne Fairfax, Coca-Cola; and Travis Herron, Monster Energy. Coke was the Presenting Sponsor of the Holt C-Store Golf Tournament.

## FLYTRAP FROLIC, Stanley Rehder Carnivorous Plant Garden, Wilmington, April 22, 2017



## PARTY ON THE PIER, Pier House at Kitty Hawk March 18, 2017



**LEFT:** Beth Storie and husband Michael McOwen  
**ABOVE:** Charles and Barbara Hardy

## MOONLIGHT CRUISE ON THE CAPE FEAR, Cape Fear River, Wilmington April 3, 2017



**ABOVE:** Jennifer and Eric Guerra. Jennifer is an investment Advisor Representative with Wells Fargo Advisors which sponsored the cruise on the Cape Fear.  
**ABOVE LEFT:** Agnes Beane, Hannah Gage, and Lyell McMerty.  
**LEFT:** Amy and Clint North.



Non-Profit Org.  
U.S. Postage  
**PAID**  
Permit No. 316  
Wilmington, NC



## Juvenile Bald Eagle at Latham-Whitehurst



Director of Donor Relations Stephanie Borrett was amazed to find this “GIGANTIC” bird on a picnic table at the Coastal Land Trust’s Latham-Whitehurst Preserve. According to Dave Allen, Coastal Diversity Supervisor for the NC Wildlife Resources Commission, this bird is an immature bald eagle that may have just fledged (first flight) from its nest.

## BIRDING AT SEAGATE WOODS

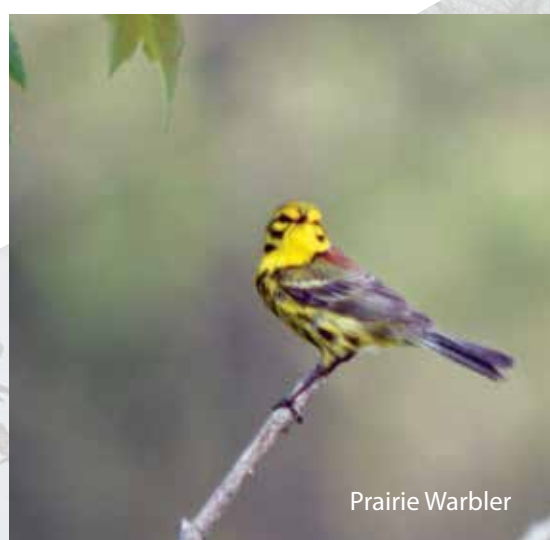
Sunday, April 30, 2017: Led by professional birder and Coastal Land Trust Board Member John Fussell



Photos by Curtis Reeves  
Prothonotary Warblers



Black and White Warbler



Prairie Warbler



Photographer Curtis Reeves follows Kenneth Schram’s point to capture the bird on camera. Curtis is a veteran who told staff member Janice Allen that he goes on nature trips to de-stress. One man’s personal testimony for the importance of saving parks and green space. Google “Nature and Mental Health” for some interesting studies.